

September 2018

Sunday

Monday

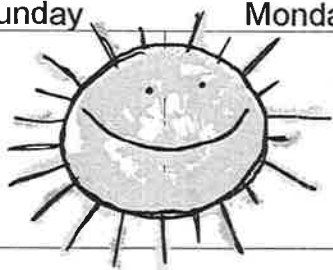
Tuesday

Wednesday

Thursday

Friday

Saturday



**SUNSHINE, LAUGHTER AND FRIENDS ARE
ALWAYS
WELCOME AT SUNSHINE CENTER!!!!!!**

1

2

**3 CENTER
CLOSED
IN
OBSERVANCE
OF
LABOR DAY**

**4 MEATBALL
STROGANOFF
NOODLES
VEGETABLE BLEND
GRAPE SALAD
PEARS
BREAD**

**5 FRIED
CHICKEN
MASHED
POTATOES/GRAVY
BEETS
WALDORF SALAD
BREAD**

**6 SWISS STEAK
DICED POTATOES
WAX BEANS
DILLY VEGETABLE
SALAD
CHOCOLATE
OATMEAL CAKE
BREAD**

**7 BREADED
COD OR
CHICKEN BREAST
BAKED POTATO
SWISS
VEGETABLE BLEND
WATERMELON
BREAD**

8

9

**10 BREADED
PORK CHOP
MASHED POT/GRAVY
VEGETABLE BLEND
COLESLAW
STRAWBERRY
SHORTCAKE
BREAD**

**11 TURKEY/GRAVY
DRESSING OR
MASHED POTATOES
MIXED VEGETABLES
PICKLED BEETS
CANTALOUPE
BREAD**

**12 PORK ROAST/
GRAVY
MASHED POTATOES
CARROTS
CUCUMBER SALAD
CINNAMON APPLE
BREAD PUDDING
BREAD**

**13 BEEF PHILLY
SANDWICH
POTATO SALAD
BBQ GREEN
BEANS
FRESH FRUIT
SALAD**

**14 BREADED
POLLOCK OR
HAMBURGER
HASHBROWN
CASSEROLE
VEGETABLE BLEND
DEVILED EGGS
APRICOTS BREAD**

15

16

**17 BACON
CHEESEBURGER
OVEN BROWNED
POTATOES
BAKED BEANS
RASPBERRY
APPLESAUCE**

**18 ROAST BEEF
MASHED POT/GRAVY
VEGETABLE BLEND
STRAWBERRIES
SOUR CREAM
RAISIN BAR
BREAD**

**19 CHICKEN
A LA KING
on a BISCUIT
BEETS
BROCCOLI RAISIN
SALAD
PEARS**

**20 PORK
TENDERLOIN
MASHED
POTATOES/GRAVY
SCALLOPED CORN
WATERMELON
BREAD**

**21 SALMON PATTY
OR CHICKEN
BREAST
PARSLIED POTATOES
CREAMED PEAS
CUCUMBER SALAD
CARROT CAKE
BREAD**

22

23

**24 DIJON HONEY
PORK CHOP
SWEET POTATOES
PEAS
FRUITED JELLO
COOKIES
BREAD**

**25 CHICKEN
ALMONDINE
SEASONED RICE
GREEN BEANS
FRESH PINEAPPLE
PEACH COBBLER
BREAD**

**26 CHICKEN
FRIED
STEAK/GRAVY
MASHED POTATOES
CORN
TOSSED SALAD
BREAD**

**27 PUBLIC
WELCOME
FUNDRAISER
SOUP/
SANDWICH
LUNCHEON 11-1**

**28 UNBREADED
POLLOCK
OR PORK CUTLET
4 CHEESE ZITA
CARROTS
4 BEAN SALAD
STRAWBERRIES
QUICK BREAD/NUTS**

29

30



**PLEASE PLAN TO JOIN US FOR A MEAL SOON!!!!
MEALS ARE SERVED 11:30-NOON WITH RESERVATIONS
REQUIRED BY 9:00 A.M. (402) 372-3800
SPECIAL DIETS AVAILABLE BY REQUEST**

