






August 2017

<p>BLAST FROM THE PAST</p> <p>SHOW & TELL</p> <p>RETURNS AUGUST 7, 2017</p>		<p>1 EXERCISES 10:00 FOOT CARE 1:00 APPT' NEEDED</p> <p>"STEPPING ON" CLASS 1:00-3:00</p>	<p>2 POOL CARDS 1:00</p>	<p>3 POOL EXERCISES 10:00  WATERMELON DAY</p>	<p>4 POOL CARDS 1:00</p>	<p>5</p>
<p>6  NATIONAL DOLL DAY</p>	<p>7 SHOW & TELL 10:30 a.m. Bring a Favorite Doll From Your Past!!</p> <p>BINGO 1:00</p>	<p>8 BLOOD PRESSURE SCREENING 12:30-1:00 FOOT CARE 1:00 APPT' NEEDED "STEPPING ON" CLASS 1:00-3:00</p>	<p>9 POOL BOARD MEETING 9:15 CARDS 1:00 (TREATS BY ST. JOE'S)</p>	<p>10 POOL EXERCISES 10:00</p> <p style="text-align: center;">CUMING COUNTY FAIR AUGUST 10-13</p>	<p>11 POOL CARDS 1:00</p>	<p>12</p>
<p>13  LEFT HANDED DAY</p>	<p>14 POOL</p>	<p>15 POOL TAI CHI 9:00 EXERCISES 10:00 "STEPPING ON" CLASS 1:00-3:00</p>	<p>16 POOL GENERAL MEETING 11:30 CARDS 1:00</p>	<p>17 TAI CHI 9:00 EXERCISES 10:00 MUSIC-JOYCE TORCIA 1:00 (COURTESY OF ST. JOE'S) CAREGIVER'S SUPPORT GROUP 4-5:30 </p>	<p>18 POOL CARDS 1:00</p>	<p>19</p>
<p>20</p>	<p>21 POOL BINGO 1:00 (TREATS FURNISHED BY PREMIER ESTATES)</p>	<p>22 TAI CHI 9:00 EXERCISES 10:00 FOOT CARE 1:00 APPT' NEEDED "STEPPING ON" CLASS 1:00-3:00</p>	<p>23 POOL CARDS 1:00</p>	<p>24 POOL TAI CHI 9:00 EXERCISES 10:00</p>	<p>25 POOL BIRTHDAY-ANNIVERSARY PARTY CARDS 1:00 REFRESHMENTS 3:00</p>	<p>26  NATIONAL DOG DAY</p>
<p>27</p>	<p>28 POOL COFFEE with FRIENDS @ ST. JOE'S 10:00</p>	<p>29 TAI CHI 9:00 EXERCISES 10:00 FOOT CARE 1:00 APPT' NEEDED</p>	<p>30 POOL CARDS 1:00</p>	<p>31 POOL TAI CHI 9:00 EXERCISES 10:00</p>		