


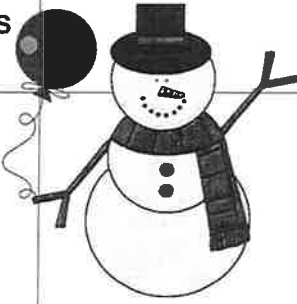


# January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 <b>HAPPY NEW YEAR!!!</b> CENTER CLOSED	2 POOL  CARDS 1:00	3 TAI CHI/ EXERCISES 9:00 <b>BLOOD SUGAR SCREENING</b> 10:30-11:30	4 POOL  CARDS 1:00	5
6	7 POOL  BINGO 1:00	8 TAI CHI/ EXERCISES 9:00 BLOOD PRESSURE SCREENING 12:30-1:00 FOOT CARE 1:00 APPT' NEEDED	9 <b>BOARD MEETING</b> 9:15 CARDS 1:00 (TREATS by ST. JOE'S)	10 POOL  TAI CHI/ EXERCISES 9:00	11 POOL  CARDS 1:00	12 
13 	14 POOL	15 POOL TAI CHI/ EXERCISES 9:00 FOOT CARE 1:00 APPT' NEEDED	16 POOL  <b>GENERAL MEETING</b> 11:30 CARDS 1:00	17 TAI CHI/ EXERCISES 9:00 <i>all</i> <b>HEART CAREGIVER'S SUPPORT GROUP</b> 4:00-5:30	18 POOL  CARDS 1:00	19
20	21 POOL <b>BINGO 1:00</b> (TREATS FURNISHED BY ST. JOE'S)  <b>MARTIN LUTHER KING JR. DAY</b>	22 POOL  TAI CHI/ EXERCISES 10:00 <b>FOOT CARE 1:00</b> APPT' NEEDED	23 POOL  CARDS 1:00	24 POOL  TAI CHI/ EXERCISES 9:00	25 <b>BIRTHDAY/ ANNIVERSARY PARTY</b> CARDS 1:00 REFRESHMENTS 3:00	26 
27	28 POOL  COFFEE with FRIENDS at ST. JOE'S 10:00	29 POOL  TAI CHI/ EXERCISES 9:00	30	31 